

Payal Beam

Vice-President Mental, Behavioral & Developmental Institute

Rady Children's Hospital San Diego

Panelist



Payal brings more than 20 years of experience in public mental health nonprofits. Born and raised in India, Payal moved to New York as a teenager and earned both her bachelor's and master's degrees from Syracuse University.

Throughout her career, Payal has championed staff development and workforce sustainability—advancing training programs, mentorship, and leadership development initiatives that strengthen care delivery while fostering a collaborative, supportive environment. She has taught at the university level and built training pipelines to support the next generation of providers and leaders.

She also oversees the Chadwick Center, a nationally recognized Child Advocacy Center, and the Polinsky Children's Center partnership.

Payal volunteers with the San Diego Humane Society and has fostered more than 150 animals 🐾🐾